Impact of Healthcare Costs on Employers and their Employees

Christan Royer

Director of Benefits, Indiana University Chair, Employers' Forum of Indiana

### **Employer Perspective**

- What are we seeing?
- The importance of the RAND study.
- Other implications and considerations

#### **Enrollment**

Benefit Eligible Employees = 19,393 Enrolled in Healthcare Plan = 18,048

94% of employees enrolled in a HDHP with a HSA



**Deductible**: \$1,500 / \$3,000

**IU HSA Contribution**: \$1,300 / \$2,600



40,548

**Total Members** 

18,048 Employees

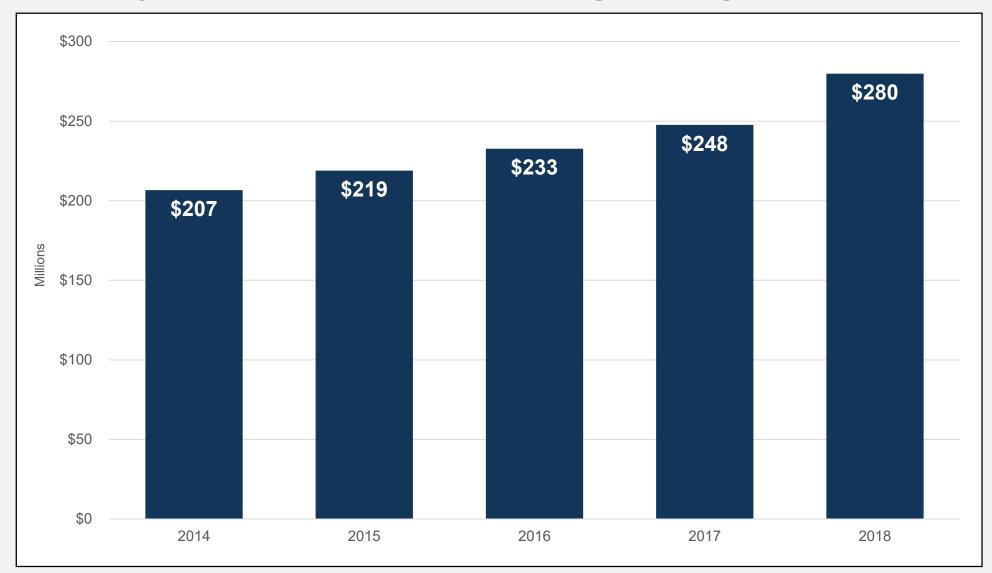
22,500 Dependents

Enrolled in 3 Healthcare Plans

90% Eligible Employees
Contributing to HSA

\$1500 Average Employee Contribution to HSA

### Employer healthcare costs are growing



The IU healthcare budget has increased 35% in 4 years.

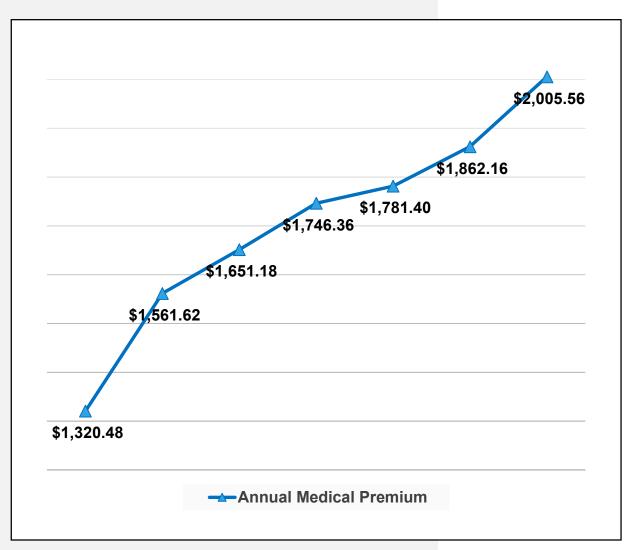
### Employee premiums are not affordable

Annual Salary: \$40,000

Medical Plan: HDHP with HSA

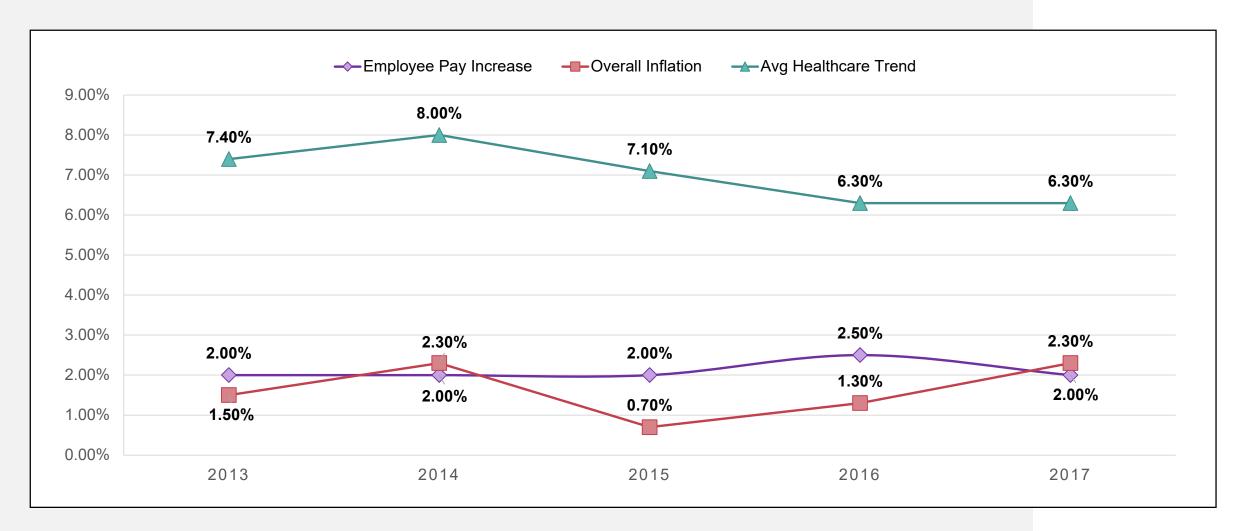
Level of Coverage: Family

- Employee premiums for family coverage increased by **52**% over the past 6 years.
- That's an average increase of 8% annually.
- Premium contributions consume about
  5% of the employee's base salary.

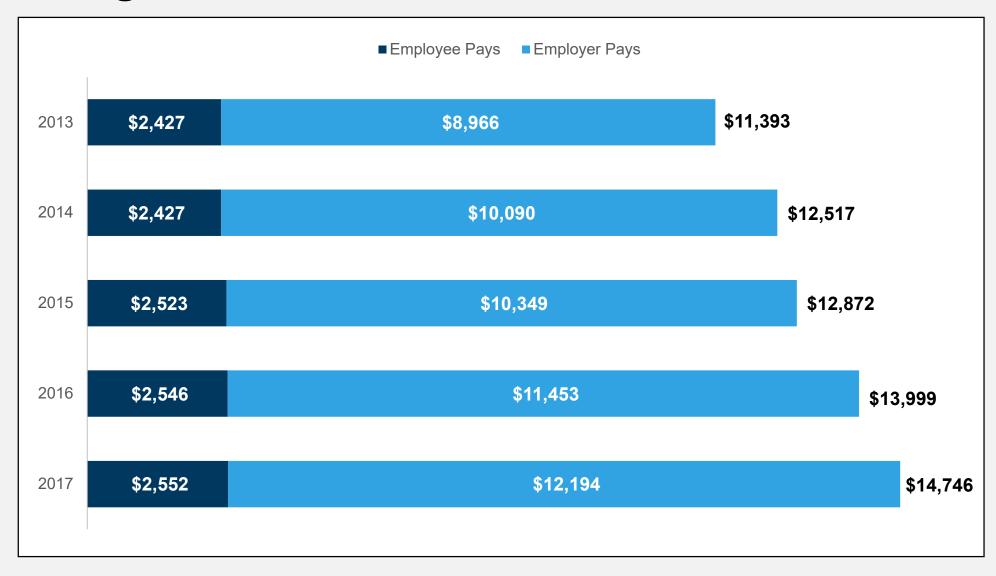


SOURCE: IU Annual Open Enrollment Publications

## Healthcare cost outpaces employee pay and inflation.

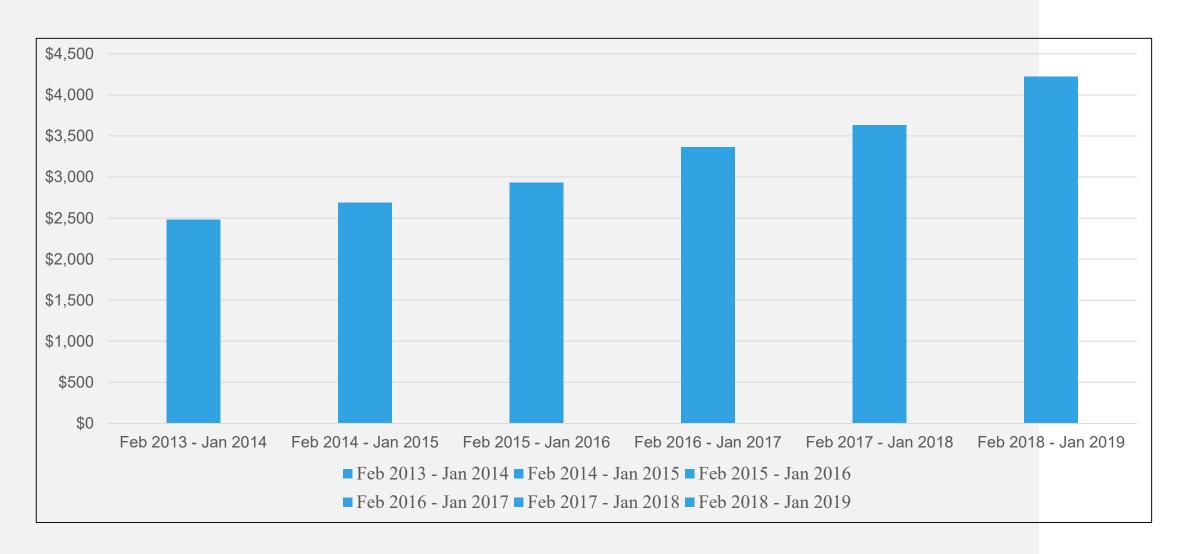


### **Rising PEPY costs**



PEPY costs increased
30%
from 2013
to 2017.

### **Skyrocketing outpatient PEPY costs**



# Impact of healthcare costs on employers and employees

 Healthcare expenditures are a large proportion of employer budgets

 Costs are growing rapidly on a per employee basis, at rates far above the cost of living

 These increases are challenging the ability to provide raises to employees and to help them save for retirement This is
NOT
sustainable.

Employers can't keep doing the same thing and expect different results.

# Employers are nearing the end of their ability to improvise.



### Possible levers for employers to adjust

#### CURRENT

#### **FUTURE**



**Increase Premiums** 







Health Savings Account (HSA)

Narrow or Tiered Networks





**Deductible and Out**of-Pocket Maximums Direct Contracting with Providers



### Other Considerations

- Episodes of Care
- Centers of Excellence
- Policy discussions

### What can employers do?

- Be Informed Understand the impact to your organization
- Be Involved Work with others
- Help Influence Participate in coalition work groups and RAND 3.0

Employers can't keep doing the same thing and expect different results.

## THANK YOU

Christan Royer

cmroyer@iu.edu