



Building a Bridge to Better Health, Better Care and Better Value

Connecting Mental and Physical Health: Successful Models of Integrated Care

KHC 4th Annual Conference

@KHCollaborative #KHC2018Conf

March 13, 2018

The Olmsted – Louisville, KY

Pre-Conference Reception

Networking with Attendees, Speakers, Exhibitors

5:30-7:30 pm

Youth Conference

Student Alliance for Mental Health Innovation and Action (StAMINA)

5:00-8:00 pm

March 14, 2018

The Olmsted – Louisville, KY

Conference Agenda

Breakfast

Welcoming Remarks ([learn more](#))

Transforming Stigma into Strength™ ([learn more](#))

Networking with Attendees, Speakers, Exhibitors

7:15

Teresa Couts, EdD, UAW Director, UAW/Ford Community Healthcare Initiative and Co-Executive Director, KHC

8:00

Randa Deaton, MA, Corporate Director, UAW/Ford Community Healthcare Initiative and Co-Executive Director, KHC

Mike Veny, CEO, Mike Veny, Inc.

8:10

One in five people will experience a mental health challenge during in the next year. The stigma surrounding the subject of mental health is the biggest barrier to people seeking treatment. Mike Veny shares his story about living with depression, anxiety, and obsessive-compulsive disorder. He will then introduce The Stigma Cycle™: “Stigma starts with shame. Shame leads to silence. Silence leads to self-destructive behavior and suicide.” The process repeats, and it becomes an endless, downward spiral. Attendees will learn practical tools on how to transform stigma into strength and empower people in their lives to get the help that they need.

Achieving Population Health through Mental Health Integration & Team-Based Care ([learn more](#))

Brenda Reiss-Brennan, PhD, APRN, Mental Health Integration Director, Intermountain Healthcare

8:50

Properly diagnosing and treating mental disorders through an effective integrated team approach is vital to achieving population health. In 2000, Intermountain created a Mental Health Integration program for patients that made mental health evaluation and service part of the routine care for all patients seeking care at Intermountain, with an emphasis on primary care. The MHI program was integrated into iCentra (Intermountain's Cerner EMR), digitizing clinical workflows and connecting patient records to allow clinicians to have the necessary tools, resources, and information to make appropriate team-based clinical decisions. Results from more than 100,000 patients over a 10-year period show improved outcomes, enhanced patient experience and better value. Intermountain's Mental Health Integration program won the 2017 Hearst Health Prize, an annual \$100,000 award given in recognition of outstanding achievement in managing or improving health in the U.S.

BREAK

9:40

Mental Health and Substance Use: What can we do to Improve Access to Care? ([learn more](#))

Kristin Kroeger, Chief of Allied and External Partnerships, American Psychiatric Association

10:10

 [@KroegerKristin](#) @APAPsychiatric

Anna Ratzliff, MD, Associate Professor, Department of Psychiatry & Behavioral Sciences at the University of Washington

The talk will discuss past and current policy initiatives that have expanded access to care and solutions such as the collaborative care model that can improve early intervention to MH/SUD services and treatment.

Moving Past the Stigma of Addiction: Implementing National Principles of Care ([learn more](#))

Samantha Arsenault, MA, Manager, National Treatment Quality Initiatives, Shatterproof

10:55

 [@PHwithSam](#) @ShatterproofHQ

We know that drug overdose deaths are increasing at an exponential pace and that 1 in 3 Americans is affected by addiction. But while we may be able to name loved ones lost or seeking help, too few know how to help. Addiction, or substance use disorder (SUD), is a chronic disease, not a moral failing. Medical research shows that SUDs can be treated with the same effectiveness as other diseases such as hypertension and diabetes. Shatterproof, a national nonprofit dedicated to ending the devastation addiction causes families outlines the core components of good care in the National Principles of Care for SUD Treatment.

However, only 1 in 10 Americans with an SUD receives any form of treatment; and even more tragically, of those who do, even fewer receive treatment based on proven research. Misconception and stigma around addiction have resulted in limited integration with mainstream healthcare, lack of insurance coverage for evidence-based medical treatment, and other barriers. Shatterproof has convened the Substance Use Disorder Treatment Task Force, a multi-stakeholder group to ensure implementation of the Principles. The work focuses on advancing evidence-based, life-saving care for addiction through 4 channels: payment reform, provider engagement, consumer education, and public policy.

STRETCH BREAK

Successful Models of Harm Reduction and Addiction Treatment Panel

Sponsored by Norton Healthcare

10:50

MODERATOR: Stephen Houghland, MD

11:20

Vice President, Chief Medical Officer, Passport Health Plan

- **Kelly Clark, MD, MBA, DFASAM, President of American Society of Addiction Medicine**
 @Kellyclarkmd
- **Scott Hesseltine, MBA, LCADC, VP of Addiction Services, Centerstone Kentucky**
- **Matt La Rocco, BS, CADC, Community Liaison for the Louisville Metro Syringe Exchange, Louisville Metro Department of Public health and Wellness**

Opioid addiction treatment is changing and not everyone agrees. Some treatment models support the use of medication-assisted treatment (MAT) with methadone, buprenorphine and naltrexone; some support treatment without medications; and some support a multi-modal plan that incorporates MAT into abstinence-based models. This lack of agreement creates confusion among providers making referrals and plans contracting with recovery centers. In 2015, Kentucky was featured in the Huffington Post article, "Dying To Be Free: There's A Treatment For Heroin Addiction That Actually Works. Why Aren't We Using It?" It's now 2018. Where are we now? Hear from Dr. Kelly Clark, President of the American Society for Addiction Medicine (ASAM), as she explains how opioid addiction changes the brain's chemistry and why MAT is necessary to treat opioid addiction. Scott Hesseltine, VP of Addiction Services for Centerstone Kentucky, will share his work to integrate MAT into Hazelden Betty Ford Foundation's well-known 12-step treatment and abstinence based recovery and how that experience informed his current work introducing Recovery Oriented MAT at Centerstone Kentucky. Matt La Rocco who leads the Syringe Exchange at the Louisville Metro Department of Public Health interacts daily with individuals with substance use disorder and has great insight into the barriers and opportunities that exist for improving treatment. These leading addiction

	experts will also discuss what's needed to improve treatment in our communities.	
Lunch Break		12:15
Lunch Keynote: Your Office - The Best Place to Treat Your Patients with HCV	Barbra Cave, APRN, Gastroenterology and Hepatology, University of Louisville Physicians	12:45
STRETCH BREAK	Sponsored by Kentucky Primary Care Association	1:30
Addiction Issues and Strategies in the Workplace (learn more)	Gaye Fortner, MSN, Chief Executive Officer, HealthCare 21 Business Coalition	1:35
	With one in ten full-time employees having an addiction, employers must take action to review, update and manage their plan coverage. Employers can understand their population risk and plan performance by actively evaluating their claims data and implementing action steps and education to manage the “slippery slope”.	
BREAK	Networking with Exhibitors	2:15
Insights to Action: Using Health Plan Data to Prioritize Improvements in Caring for Substance Use Disorder	Diana Han, MD, Global Medical Director, GE Appliances, a Haier company	2:40
	Emilie DeBaie, Solutions Engineer, Artemis Health  @artemisdata	
	You can't open a newspaper today without hearing of the mental health and opioid crises in the U.S. But the connection between the two is less apparent. In this presentation, GE Appliances discusses their company's population trends in mental health and substance abuse disorders. Attendees will learn:	
	<ul style="list-style-type: none"> • How the GE Appliances team used "a treasure trove" of data to find insights in this area • The methodology behind the resulting plan design and programmatic changes that were implemented to address these challenging problems • Ways the solutions are tracked and reported on 	
Students as Solution Partners: A Bottom-up Approach to Addressing Kentucky's Youth Mental Health Crisis	Allison Tu, Junior, Manual High School, Founder, Student Alliance for Mental Health Innovation and Action (StAMINA)	2:50
	Adolescent mental health issues are at an alarming all-time high among Kentucky youth—rates of depression, anxiety, and the “self-medication” associated with substance abuse are skyrocketing among Kentucky students, significantly eclipsing national trends. StAMINA, a student-driven advocacy group, has embarked on a multi-pronged strategy to tackle these issues and drive new insights into the policy conversation. This presentation will focus on StAMINA’s core students-as-stakeholders model, outline research and action plans, and share recent progress.	

Highlighting KHC and its Partners' Mental Health and Opioid Work

Stephanie Clouser, MSA, Data Scientist, Kentuckiana Health Collaborative 3:10

The KHC has been involved in several national and local mental health and substance use disorder initiatives. Stephanie will give an update on its current and future activities.

Katie Marks, PhD, Project Director Kentucky Opioid Response Effort (KORE), Department for Behavioral Health, Developmental and Intellectual Disabilities, Cabinet for Health and Family Services

Guided by the Recovery-Oriented Systems of Care Framework, the purpose of KORE is to implement a comprehensive targeted response to Kentucky's opioid crisis by expanding access to a full continuum of high quality, evidence-based opioid prevention, treatment, recovery, and harm reduction services and supports.

Diana Han, MD, Global Medical Director, GE Appliances, a Haier Company, Co-Chairperson, Kentuckiana Health Collaborative

GE Appliances is committed to helping address the mental health and substance use issues of our community's current and future workforce. Dr. Han will share its involvement and investment in a number of employee and community activities.

EVALUATION, RAFFLE, ADJOURN

3:30